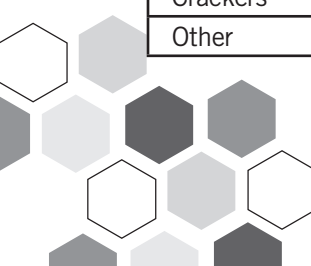




FOOD-FREQUENCY QUESTIONNAIRE

FOOD	EVERY DAY (ALWAYS)	3 OR 4 TIMES/WEEK (OFTEN)	EVERY 2 OR 3 WEEKS (SOMETIMES)	DON'T EAT (NEVER)
Dairy Products				
Milk, whole				
Milk, reduced fat				
Milk, nonfat				
Cottage cheese				
Cream cheese				
Other cheeses				
Yogurt				
Ice cream				
Sherbet				
Puddings				
Margarine				
Butter				
Other				
Meats				
Beef, hamburger				
Poultry				
Pork, ham				
Bacon, sausage				
Cold cuts, hot dogs				
Other				
Fish				
Canned tuna				
Breaded fish				
Fresh or frozen fish				
Eggs				
Peanut butter				
Grain products				
Bread, white				
Bread, whole wheat				
Rolls, muffins				
Pancakes, waffles				
Bagels				
Pasta, spaghetti				
Pasta, macaroni and cheese				
Rice				
Crackers				
Other				

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FOOD	EVERY DAY (ALWAYS)	3 OR 4 TIMES/WEEK (OFTEN)	EVERY 2 OR 3 WEEKS (SOMETIMES)	DON'T EAT (NEVER)
Cereals				
Sugar-coated				
High-fiber (bran)				
Natural (granola)				
Plain (e.g., Cheerios®)				
Fortified				
Other				
Fruits				
Oranges, orange juice				
Tomatoes, tomato juice				
Grapefruit, grapefruit juice				
Strawberries				
Cranberry juice				
Apples, apple juice				
Grapes, grape juice				
Fruit drink				
Peaches				
Bananas				
Other				
Vegetables				
Peppers				
Potatoes				
Lettuce				
Broccoli				
Spinach				
Carrots				
Corn				
Squash				
Peas				
Green beans				
Beets				
Other				
Snacks and Sweets				
Chips (potato, corn)				
Pretzels				
Popcorn				
French fries				
Cookies				
Pastries				
Candy				
Sugar, honey, jelly				
Soda, regular				
Soda, diet				
Cocoa				
Other				

